Sunday May 5th, 2019

Second Sunday of Pascha. On May 5th, we commemorate the holy Great Martyr Irene; the contest of the holy Martyrs Neophytos, Gaios, and Gaianos; the Consecration of the Church of the Most Holy Theotokos at the Quarter of Cyrus in Constantinople; and on this, the second Sunday of Pascha, we celebrate the dedication of Christ's Resurrection, and Saint Thomas' handling of the Lord's body.

Upcoming Services – Events

- Monday, May 6th, Kali Parea, Picknick at Pearson Lake, meet at church- 11:30am.
- Wed., May 8th, Saint John the Theologian, Orthros 845am, Divine Liturgy 10am
- Thursday, May 9th, General Assembly, 8:00 pm.
- Saturday May 11th, Ahepa Awards Dinner, 7PM.
- Sunday, May 12th, Memorial in loving memory of Philoptochos members who have passed away, given by our Philoptochos.
- Sunday, May 19th, Memorial in loving memory of Kalliope Kontopanagiotis (10 years) given by her family and in loving memory of Konstantina Timotheou (30 years) given by her parents Maria and Andrea Timotheou and her sister’s family, Elpida and George Venetos.
- Monday, May 20th, Vesperal service for our Patron Saints, Saints Constantine and Helen, 7:00 pm. Refreshments and desserts will be offered after liturgy in church hall – all welcome!
- Tuesday, May 21st, Saints Constantine and Helen, our Patron Saints, Orthros 845am, Divine Liturgy 10:00 am. Artoklasia. Refreshments and deserts will be offered after liturgy in church hall – all welcome!

Coffee hour

Today our coffee hour is hosted by our ladies of Philoptochos in loving memory of all philoptochos members that have passed on.

Sunday, May 12th, Coffee hour sponsored by AHEPA.

Greek school – Sunday School

We would like to thank all volunteers that assisted and sponsored the Communion Breakfast for all and our youth advisors Kristin and Bonnie for a wonderful and entertaining Easter Egg hunt event for our children! Thank you!

In the spirit of inspiring our children to interact in their own endeavors for their own growth, won't you please consider a donation toward our Greek school awards and scholarships which are given at the end of every school year in recognition of our children’s efforts and studies?

FESTIVAL 2019: June 6th, 7th, 8th, 9th

We kindly ask for donations of homemade diples, koulourakia, melomakarona, kourambiedes for our desserts booth/stand.

Festival preparations have resumed. We count on the help of our parishioners, your participation is always needed – your support is priceless! Please call our church office for additional information.

Philoptochos

Monthly meeting today during coffee hour.

Sunday, May 12th, memorial service for loving memory of Philoptochos members that have passed away.
Youth Groups

Our HOPE & JOY groups are ministries at Saints Constantine and Helen that provide an opportunity for children to meet, socialize, and interact with one another through various events held during the year, while forming a sense of belonging to our parish and God. Please consider getting your kids involved in HOPE/JOY this year. Some of our prior events have included Christmas Crafts/Wreath Decorating, PB&J Night (pizza, bible and jammies), Chocolate Dipping, Ninja Warrior Training, and Bounce Houses. Our annual events are the Harvest Dance and Easter Egg Hunt. To join the program, please complete the attached registration form. There is no cost or fee to join since each event is 'pay as you go.' Once the form is completed, you can email it to Cally at saintschsecretary@me.com or Kristin at tcbk64@aol.com. Otherwise, you may also print it out and drop off at the church office.

Please consider registering your child(ren) for the program in order to get involved in their future activities; including this one! Stop by the church office or email Kristin at tcbk64@aol.com for a registration form.

Feel free to contact us with any questions:
Bonnie nmavro@verizon.net Kristin tcbk64@aol.com

The Epistle: SUNDAY OF SAINT THOMAS
Great is our Lord, and great is His strength.
Praise the Lord, for the Lord is good.
The reading is from the Acts of the Apostles 5:12-20

In those days, many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed.

But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

The Gospel Sunday of Saint Thomas
The reading is from the Holy Gospel according to Saint John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were for fear of the Jews, Jesus came and stood among them and said to them: "Peace be with you." When He had said this, He showed them His hands and His side.

Then, the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when He had said this, He breathed on them, and said to them: "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him: "We have seen the Lord." But he said to them: "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said: "Peace be with you." Then He said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing."

Thomas answered Him, "My Lord and my God!" Jesus said to Him: "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.
AHEPA
AHEPA 455 Celebrating Scholars Fund Raising Awards Dinner

May 11th at 7:00PM

Mezedes are Greek appetizers THAT WE TURN INTO A WHOLE EVENT!!
COME AND ENJOY WITH FAMILY AND FRIENDS on MAY 11 2019

Starting at 7:00pm at Saints Constantine and Helen Greek Orthodox Church Fellowship Hall in West Nyack, NY. Exit 7, off the Palisades Parkway.
Come CELEBRATE OUR YOUTH MOVING ON TO COLLEGE

Adults $35 - KIDS 17 and under FREE –
Call Demetre K. 914 760-2790 or George H. 914 522-8470 for table reservations – Tables are Limited

NET PROCEEDS TO BENEFIT THE AHEPA SCHOLARSHIP FUND

MUSIC BY NIKITAS TAMPAKIS

Our Knit and Crochet group is a talented group of dedicated women that meet faithfully rain or shine every Tuesday mornings at 10:30am in our church hall. They have been creating articles for charities that help the homeless and those in need. Please come and join us!
Our next meeting will be Tuesday, May 7th, - 10:30 a.m., church hall.
For information, please call Mary Katsihtis at 845 359-6659 or Claire Germanakos at 845 634-1438
Philoptochos is a philanthropic society of the Greek Orthodox Archdiocese of America undertaking various outreach programs for over 80 years. St. Irene Ladies Philoptochos of Ss. Constantine & Helen Greek Orthodox Church is comprised of dedicated ladies of our community. Our mission is to promote philanthropic participation in the many activities in our community. We give our time, talents and treasurers, in an effort to fulfill, creatively and in fellowship, the charitable goals and commitments of our community, our Church, National Philoptochos as we alleviate the suffering of those in need. We welcome new members to this very prestigious organization. We understand that some of you hesitate to commit due to your busy schedule, yet no matter how little, any support you provide is a blessing. The level of outreach that our Philoptochos needs to provide has grown even more at this critical economic times.

We offer you the opportunity to come, see and join us! We hold our meetings during fellowship hour on the 2nd Sunday of each month.

Please fill out the form below and either give it to a Philoptochos officer during fellowship hour or mail it to the church address below.

Thank you for your ongoing support!!

Please cut here---------------------------------------------------------------------------------------------------

2019 PHILOPTOCHOS STEWARDSHIP FORM

PLEASE BE INFORMED THAT $23 OF YOUR TOTAL STEWARDSHIP COMMITMENT IS FORWARDED TO NATIONAL PHILOPTOCHOS AND TO THE DISTRICT PHILOPTOCHOS

$100 $75 $50 $40 $35

Please make checks payable to Ladies Philoptochos
Mail to: Ss. Constantine & Helen Church
One Marycrest Road
West Nyack, NY 10994

Name ____________________________________________

Address ____________________________________________

Phone # ___________________________ E MAIL: ______________________________
Κυριακή 5 Μαΐου, 2019

ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ

Τής Ε’ του αυτοῦ μνήμης μνήμη τῆς Αγίας Μεγαλομάρτυρος Εἰρήνης; ἀθλήσεως τῶν Αγίων Μαρτύρων Νεοφίτου, Γαζοῦ καὶ Γαλανοῦ. Τελετάεται δὲ ἡ αὐτῶν σύναξις ἐν τῷ σεπτῷ καὶ σεβασμίῳ ναῷ τῶν Αγίων ενδόξων καὶ θαυματουργόν Αναργύρων Κοσμᾶ καὶ Δαμιανοῦ, τῷ ὄντε ἐν τοῖς Δευτέρῳ, ἡ Ανάμνησις τῶν ἐγκαίνιων τοῦ ναοῦ τῆς Ὑπεραγίας Θεοτόκου ἐν τοῖς Κύρου. Επίσης τή αὐτῆ ἡμέρᾳ, Κυριακή δευτέρα ἀπὸ τοῦ Πάσχα, τά ἐγκαίνια ἐστάσεως τῆς Χριστοῦ Ἀναστάσεως, καὶ τήν τοῦ Ἀγίου Αποστόλου Θωμᾶ ψηλάφησαν.

Προσεχείς Λειτουργίες – Εκκλησίες

Δευτέρα, 6 Μαΐου, Καλή Παρέα, 11.30 π.μ. Πικ–νικ σε πάρκο, αναχώρηση στις 11:30μμ από την εκκλησία μας.
Τεράτη, 8 Μαΐου, Αγίου Ιωάννου του Θεολόγου, Ορθόρας 8:45 π.μ. Θεία Λειτουργία 10:00 μμ.
Πέμπτη, 9 Μαΐου, Γενική Συνέλευση Ενορίτων, 8.00μμ.
Σάββατο, 11 Μαΐου, ΑΗΕΡΑ Δείπνο 7.00μμ.
Κυριακή, 12 Μαΐου, Εορτή της Μητέρας, προσφορά κοινωνικού καφέ από την ΑΗΕΡΑ. Μνημοσύνοι εἰς μνήμη όλων τῶν αγαπημένων μελών τῆς Φιλοποίου που απεβίωσαν, από τη Φιλόπτοχο τής Εκκλησίας μας.

Κυριακή 19 Μαΐου, Μνημόσυνο τῆς αγαπητῆς Καλλιόπης Κοντοπαναγιώτη (10 χρόνων) από τη οικογένειά της καὶ τῆς αγαπητῆς Κοντοπαναγιώτου Τιμοθέου (30 χρόνων) από τους γονεῖς τῆς Μαρία καὶ Αντρέα Τιμοθέου καὶ από τη οικογένεια τῆς αδελφῆς της, Ελπίδας καὶ Γεωργίου Βενέτου.

Δευτέρα, 20 Μαΐου, Εσπερινή λειτουργία τῶν Πολιούχων τῆς Εκκλησίας μας, Αγίων Κοντοπαναγιώτου καὶ Ελένης 7.00μμ. Θα προσφέρεθον αναφορικά καὶ κεράσματα, όλοι καλεσμένοι.

Τρίτη, 21 Μαΐου Εορτή των Πολιούχων τῆς Εκκλησίας μας, Αγίων Κοντοπαναγιώτου καὶ Ελένης. Ορθός 8:45 μμ, Θεία Λειτουργία 10:00 μμ. Επίσης θα γίνει Αρτοκλασία καὶ θα προσφέρεθον καφές καὶ αναφορικά καὶ κεράσματα, όλοι καλεσμένοι.

Κοινωνικός Καφές
Σήμερα ο κοινωνικός καφές γίνεται από τη Φιλόπτοχο τῆς Εκκλησίας μας εἰς μνήμη όλων τῶν μελῶν τῆς Φιλοποίου που απεβίωσαν.

Κυριακή, 12 Μαίου, κοινωνικός καφές προσφορά τῆς ΑΗΕΡΑ.

Ελληνικό Σχολείο
Κάθε χρόνο, καθώς αποφοίτησαν οι μαθητές του ελληνικού σχολείου μας, γίνεται η απονομή βραβείων προς αναγνώριση τῆς επίδοσης καὶ διάγνωσης τούς στήριξε. Εάν έχετε την ευχαρίστηση παρακαλούμε να προσφέρετε οποιαδήποτε δωρεά προς τα βραβεία αυτά.

Φιλόπτοχος
Εάν έχετε κοιμάρια μαλλιών που δεν χρειάζεστε, θα τα δεχτούμε ευχαρίστως για να πλέξουμε δώρα εἰδή που θα διορίσουμε σε φιλανθρωπικές οργανώσεις. Για περισσότερες πληροφορίες τηλ. στη Μαίρη Κατσίτη 845 359-6659 ή στην Κλαύρι Γερμανάκος 845 634-1438. Επόμενη συνάντηση, Τρίτη, 30 Απριλίου, 1030μμ.
Το Ευαγγέλιον ΤΗΣ ΚΥΡΙΑΚΗ ΤΟΥ ΑΝΤΙΠΑΣΧΑ ΤΟΥ ΑΓΙΟΥ ΑΠΟΣΤΟΛΟΥ ΘΟΜΑ έκ του κατά Ιωάννην ἁγίου Ευαγγελίου κ’ 19 - 31

Οδικής ὑπός τη ἡμέρα ἐκείνη τῇ μιᾷ σαββάτου, καί τῶν θυρών κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ἰουδαίων, ἤθελον ὁ Ἰσραήλ Κύριος καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· Εἰρήνη ὑμῖν. καὶ τοῦτο εἶπον ἔδειξαν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευρὰν αὐτοῦ. ἔχρισαν ὑμᾶς οἱ μαθηταὶ ἱδώντες τὸν Κύριον. εἶπαν οὖν αὐτοῖς ὁ Ἰσραήλ πάλιν· Εἰρήνη ὑμῖν. καὶ ἐπέταξε τῷ περίπατον ἡμῶν. καὶ τοῦτο εἶπον ἐνέφυγαν καὶ λέγει αὐτοῖς· Λάβετε Πνεῦμα ἢγνον· ἵνα τίνος ἀφήσῃς τὰς ἀμαρτίας, ἁρίστησον αὐτοῖς, ἄν ὑμῖν κρίνετε, κεκρίστητε. Θεοῦς δὲ εἰς ἐκ τῶν ὅδοις ὁ λεγόμενος Διάδικος, οὐκ ἦν μετ’ αὐτῶν ὅτι ἦθελεν ὁ Ἰσραήλ. ἔπεαν οὖν αὐτοῖς οἱ ἄλλοι μαθηταὶ· Εἰσέρχομαι τὸν Κύριον; ὁ δὲ εἶπε αὐτοῖς· Ἐὰν μὴ θολωθῇ ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἱλῶν, ὧδε καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἱλῶν, καὶ βάλω τῇ χειρί μου εἰς τὴν πλευράν αὐτοῦ, ὑμῖν μὴ πιστεύσητε. καὶ μεθ’ ἡμέρας οὐκέ τελέσθη ἐναὶ οἱ μαθηταὶ αὐτοῦ καὶ Θεοῦς μετ’ αὐτῶν. ἔρχεται ὁ Ἰσραήλ τὸν θυρόν κεκλεισμένον, καὶ ἔστη εἰς τὸ μέσον καὶ εἶπε· Εἰρήνη ὑμῖν. εἶπα λέγει τῷ Θεοῦς· θέρε τῷ δάκτυλόν σου ὑδε καὶ ἰδεῖς τὰς χεῖρας σου καὶ φέρε τὴν χεῖρά σου καὶ βάλε εἰς τὴν πλευράν σου, καὶ μὴ γίνεται ἀπίστος, ἀλλὰ πιστὸς. καὶ ἀπεκρίνετο θεοῦς καὶ εἶπεν αὐτῷ· ὁ Κύριος μου καὶ ὁ θεὸς μου, λέγει αὐτῷ ὁ Ἰσραήλ· ὃς ἐστις ἄρατος καὶ πιστεύσαντες; Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἔποισεν ὁ Ἰσραήλ ἑνώπιον τῶν μαθητῶν αὐτοῦ, ὅπως ἄρατος καὶ πιστεύσας· ὁ Θεοῦς ὁ οἶκος τοῦ Θεοῦ· καὶ ἐν πιστεύσαις ζωὴν ἔχει ἐν τῷ ὅρμῳ αὐτοῦ.